

## **Active Parenting 4<sup>th</sup> Edition Survey**

### **About You**

This information is requested for statistical and demographic purposes only. On your answer sheet, please mark the answer that best describes you for each question.

1. Are you:
  - A** Male
  - B** Female
  
2. Please tell us your age group:
  - A** 15-20
  - B** 21-30
  - C** 31-40
  - D** 41-50
  - E** 50+
  
3. Please tell us your ethnicity:
  - A** African-American
  - B** Caucasian
  - C** Hispanic/Latin American
  - D** Asian/Pacific Islander
  - E** Other
  
4. Please tell us your marital status:
  - A** Never Married
  - B** Married
  - C** Divorced
  - D** Widowed
  - E** Live with a partner
  
5. Please tell us about your family makeup:
  - A** Intact family (both biological parents in the home)
  - B** Blended family (biological parent and step-parent)
  - C** Single parent family
  - D** Foster parent(s)
  - E** I am an incarcerated parent (in a correctional facility)
  
6. Is a spouse or partner attending this group with you?
  - A** Yes
  - B** No
  
7. How many children live in your household under the age of 13?
  - A** One
  - B** Two
  - C** Three
  - D** Four or more
  - E** No children under the age of 13 live with me in my household
  
8. How many children live in your household between the ages of 13 and 18?
  - A** One
  - B** Two
  - C** Three
  - D** Four or more
  - E** No children age 13 to 18 live with me in my household

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9. Please tell us your highest degree of education:
- A Some High School
  - B High School Diploma
  - C Some College
  - D Undergraduate Degree
  - E Graduate Degree
10. Please tell us your total household yearly income (optional):
- A Under \$20,000
  - B \$20,000 to \$40,000
  - C \$41,000 to \$60,000
  - D \$61,000 to \$80,000
  - E over \$100,000

### Parent Survey Questions

Please read each statement below about your attitudes and beliefs as a parent. Circle the letter on the answer sheet that corresponds with how much you agree or disagree with the statement. As you think about each statement, please do not try to look for a “right” answer—we want to know what you think.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
Strongly Disagree				Strongly Agree

11. Parents should play or do something fun with their children every day.
12. Children need to have daily responsibilities around the house.
13. Parents should give their children choices instead of telling them what to do.
14. Saying "I love you" to children is not necessary if parents show their love through their actions.
15. Children need encouragement as much as they need discipline.
16. Good parents don't have time to relax.
17. Parents should say “please” to children when asking them to do something.
18. Sometimes yelling at children is the only way to get them to do what you want.
19. Parents should let their children solve their own problems.
20. It is better to "give" a little on smaller, less important things than to always stand firm and provoke a fight.
21. Parents should give their full attention to children when children are talking.
22. Children need discipline that hurts a little so that they will remember the lesson later.
23. Offering children rewards such as money or toys is a good way to get them to do what the parent wants.
24. Most kids learn what is expected of them well enough on their own.
25. Parents should monitor their children's activities (for example: TV, movies, music, the Internet, their choice of friends, activities outside the home).

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26. Parents should control their children.
27. Parents should make all of the decisions in the household.
28. Family meetings are an important part of running a family.
29. Letting children know what we think and feel about our values has little influence on their behavior.
30. If parents teach their children positive values then it's not necessary to discuss alcohol, tobacco, and other drugs with them.

The next set of questions is about your child. Select the child that you are the most concerned about. Using the scale below, circle the letter on your answer sheet that best describes how often the child does each behavior.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
Almost never	Sometimes	Not sure	Often	Almost always

31. My child demands too much attention from me.
32. My child follows my directions.
33. My child becomes upset if he/she makes a mistake.
34. My child is truthful.
35. My child quits or gives up on tasks before completion.
36. My child bosses others.
37. My child complains about things not being fair.
38. My child expresses anger in an appropriate manner.
39. My child shows respect for others.
40. My child expresses affection toward me.
41. My child cooperates with me.
42. My child is willing to try new things.
43. My child blames others for his/her own mistakes.
44. My child likes him/herself.
45. My child says hurtful things to me.
46. My child talks with me about concerns and asks questions.
47. My child spends a lot of time by him/herself.
48. My child encourages others.
49. My child enjoys spending time with me.
50. My child enjoys the whole family group.

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Please read each statement below. Then, using the scales below, circle the letter on your answer sheet that best describes how often you do this.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
Rarely	About once a month	About once a week	A few times a week	Every day

- 51. I take time out to play or do something fun with child.
  - 52. I give my child responsibilities around the house.
  - 53. I give my child a choice.
  - 54. I say "I love you" to my child in a thoughtful and creative way.
  - 55. I encourage my child in a sincere and specific way.
  - 56. I take a "time out" to relax and clear my mind (for example: take a hot bath, read, talk to a friend, take a walk).
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<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
Almost Never	Rarely	Sometimes	Often	Almost Always

- 57. I say "please" to my child when I asked her to do something.
  - 58. I yell at my child when I am angry.
  - 59. I help my child solve her own problems.
  - 60. I give in to my child's demands to avoid a fight or to keep him happy.
  - 61. I give my full attention to my child when she talks to me.
  - 62. I use a logical consequence when he does something wrong.
  - 63. I offer my child rewards such as money or toys to get her to do what I want.
  - 64. I explain what behavior I expect from my child in a specific situation (for example, going to the grocery store).
  - 65. I monitor my child's activities, including TV, movies, music, and the Internet, choice of friends, and activities outside the home.
  - 66. I am able to influence my child's behavior without yelling, spanking, or threatening.
  - 67. I let my child participate in decisions that affect the family.
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<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
Never	Once or twice a year	Several times a year	Once every couple of weeks	About once a week

- 68. I hold family meetings.
- 69. I discuss our family's values with my child.
- 70. I talk to my child about the negative effects of alcohol, tobacco, and other drugs.

*End of Survey*